

SCHEDULE

GRACIE HUMAITA BEAUMONT

SCHEDULE IS SUBJECT TO CHANGE*

Kids: 4-8 • Juniors: 9-12 • Adults: 13+

MODIFIED AGE

MAT A

MAT B

MONDAY

6:00-7:00 AM: Yoga

9:00-10:15 AM: Adult Jiu-Jitsu

5:00-5:50 PM: Kids Jiu-Jitsu 

5:55-7:00 PM: Juniors Jiu-Jitsu

7:00-8:20 PM: Adult Jiu-Jitsu

TUESDAY

6:00-7:00 AM: Adult Jiu-Jitsu

9:00-10:15 AM: Basics Adult Jiu-Jitsu

5:00-5:50 PM: Kids Jiu-Jitsu 

5:55-7:00 PM: Juniors Jiu-Jitsu

7:00-8:20 PM: Adult Jiu-Jitsu

WEDNESDAY

6:00-7:00 AM: Adult Jiu-Jitsu

9:00-10:15 AM: No-Gi Adult Jiu-Jitsu

5:00-5:50 PM: Kids Wrestling 

6:00-6:50 PM: Junior Wrestling

7:00-8:20 PM: No-Gi Adult BJJ/Wrestling 

7:00-8:20 PM: Women Gi Jiu-Jitsu 

THURSDAY

6:00-7:00 AM: Adult Jiu-Jitsu

9:00-10:15 AM: Basics Adult Jiu-Jitsu

5:00-5:50 PM: Kids Jiu-Jitsu 

5:55-7:00 PM: Juniors Jiu-Jitsu

7:00-8:20 PM: Adult Jiu-Jitsu

FRIDAY

9:00-10:15 AM: Gi & No-Gi Adult Sparring Only

5:00-5:50 PM: No-Gi Kids Jiu-Jitsu 

5:55-7:00 PM: No-Gi Juniors Jiu-Jitsu

7:00-8:00 PM: Gi & No-Gi Adult Sparring Only

SATURDAY

9:00-10:30 AM: Adult Jiu-Jitsu

CONTACT INFO

GRACIE HUMAITA BEAUMONT

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**REGISTER FOR
FREE TRIAL**

